

# The Sunday Emmaus

Series: Advent; 2nd Sunday of Advent, Year C;

8th December 2024

St. Pauls Catholic Parish &  
University of Nairobi Chaplaincy

## MASS SCHEDULE

Monday – Friday:

Morning: 7.00am

Evening: 5.30pm

Wednesday 6.00pm

Saturday:

Evening: 5.45pm

## Sunday Mass:

7.30am – Community

8.00am – State House Girls

8.30am – Nairobi Primary

9.00am – Students Mass

9.00am – State House Mass

11.30am – Community Mass

– PMC Mass

– Youth Mass

5.30pm – Community Mass

## CONFESSION

Monday – Friday 5.00pm

Wednesday 5.30pm

Saturday 5.15pm

## MINISTERS

- Rev. Fr. John Wamuti,  
Fr. In-charge
- Rev. Fr. Stephen Gaitho,  
Assistant Parish Priest
- Rev. Fr. Peter Kaigua,  
The Chaplain –Students
- Rev. Fr. Gerald Wanjara  
The Chaplain–Police.

## NEXT SUNDAY READINGS

1<sup>st</sup> Reading Zeph 3:14-18a

Psalms Isa 12:2-3.4bcde.5-6

2<sup>nd</sup> Reading Phil 4:4 –7

Gospel Luke 3: 10-18

## ADORATION

Tuesday & Thursday 4.30pm



## OUR SUNDAY REFLECTION ...



### *A call for active witness*

The witness of John the Baptist helps us prepare for the Lord's coming. John's life proclaims that we must persevere in our recognition of Jesus as God's word among us. Even the announcement of John the Baptist's birth, a miraculous event that signaled the beginning of a new era, shows how Jesus enters our human history to give us a share in God's mission and help us prepare a way for the Lord.



### Passive wait, active anticipation

We are reminded that our preparation for Christ's coming is not a passive waiting, but an active anticipation that involves change in our lives and in our world. During this season, we eagerly anticipate the deliverance coming to us, filling our hearts with hopeful anticipation and joy at the thought of Christ's imminent arrival.

In John the Baptist, we are not just encouraged but challenged to attract people to Christ through the example of our lives. This is a call to action that should inspire us all. We are not just passive recipients of Christ's message, but active participants in spreading it. In this way, we become more authentic witnesses of Christ. What change are we being called to during this Advent season? Let us reflect on this question and commit to making the necessary changes in our lives, knowing that our actions are crucial in attracting others to Christ.



### Living as a witness of Christ

The person of Saint John the Baptist, like Mary the mother of Jesus, made the necessary changes in order to receive Jesus when he came. Both of them dedicated their lives to proclaiming Jesus as the one promised by God, demonstrating the

transformative power of faith and the importance of personal change in preparing for Christ's coming. Many people were attracted to Jesus by Mary and John's openness to God's actions in their lives,

(Courtesy 2nd Sunday of Advent Reflections by the Spiritans)



**Let us pray:** Almighty and merciful God, may no earthly undertaking hinder those who set out in haste to meet your Son, but may our learning of heavenly wisdom gain us admittance to his company. Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**



## The Mass

### THE ENTRANCE ANTIPHON

O people of Zion, behold, the Lord will come to save the nations, and the Lord will make the glory of his voice heard in the joy of your heart.

### THE GLORIA

Glory to God in the highest, And on earth peace to people of goodwill.

We praise you, we bless you, We adore you, we glorify you, We give you thanks for your great glory, Lord God, heavenly

King, O God, almighty Father,  
Lord Jesus Christ, only begotten Son, Lord God,  
Lamb of God, son of the father,  
You take away the sins of the world, Have mercy on us  
You take away the sins of the world, Receive our prayer  
You are seated at the right hand of the Father, Have mercy on us.  
For you alone are the Holy One, You alone are the Lord, You alone are the most High,  
Jesus Christ, with the Holy Spirit, In the glory of God the Father. **Amen.**

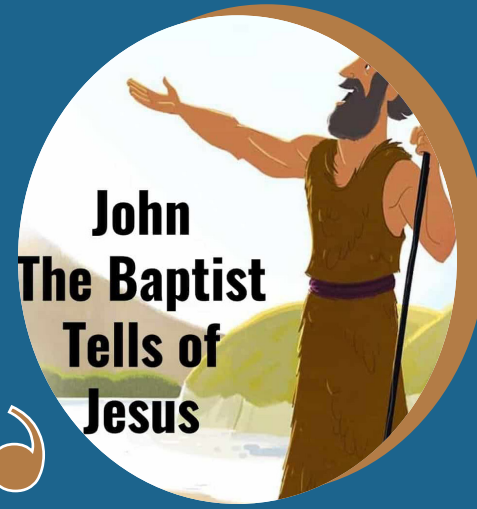


# THEME

Christ is the joy we await. GOD will bring to completion the work he has begun in us. Our love for one another will help us to be blameless when Christ will come again. Our lives on earth are a preparation for the day when the Lord comes and so should be full of joy and expectancy.



**John  
The Baptist  
Tells of  
Jesus**



## FIRST READING | Baruch 5: 1-9

**“God will show your splendour.”**

Take off the garment of your sorrow and affliction, O Jerusalem, and put on for ever the beauty of the glory from God. Put on the robe of the righteousness from God; put on your head the diadem of the glory of the Everlasting. For God will show your splendour everywhere under heaven. For your name will for ever be called by God, “Peace of righteousness and glory of godliness.” Arise, O Jerusalem, stand upon the height and look towards the east, and see your children gathered from west and east, at the word of the Holy One, rejoicing that God has remembered them. For they went forth from you on foot, led away by their enemies; but God will bring them back to you, carried in glory, as on a royal throne. For God has ordered that every high mountain and the everlasting hills be made low and the valleys filled up, to make level ground, so that Israel may walk safely in the glory of God. The woods and every fragrant tree have shaded Israel at God’s command. For God will lead Israel with joy, in the light of his glory, with the mercy and righteousness that come from him.

**The word of the Lord**

**All: Thanks be to God.**

## RESPONSORIAL PSALM

**126:1-2ab.2cd-3.4-5.6 (R. cf. 3)**

**[R] What great deeds the Lord has worked for us! Indeed, we were glad.**

1. When the LORD brought back the exiles of Sion, we thought we were dreaming. Then was our mouth filled with laughter; on our tongues, songs of joy [R]

2. Then the nations themselves said, “What great deeds the LORD worked for them!” What great deeds the LORD worked for us! Indeed, we were glad. [R]

3. Bring back our exiles, O LORD, as streams in the south. Those who are sowing in tears will sing when they reap. [R]

4. They go out, they go out, full of tears, bearing seed for the sowing; they come back, they come back with a song, bearing their sheaves [R]



## SECOND READING | Phil 1:4-6.5- 11

**“Be pure and blameless for the day of Christ.”**

Brethren: Always in every prayer of mine for you all I make my prayer with joy, thankful for your partnership in the Gospel from the first day until now. And I am sure that he who began a good work in you will bring it to completion at the day of Jesus Christ. For God is my witness, how I yearn for you all with the affection of Christ Jesus. And it is my prayer that your love may abound more and more, with knowledge and all discernment, so that you may approve what is excellent, and may be pure and blameless for the day of Christ, filled with the fruits of righteousness which come through Jesus Christ, to the glory and praise of God.

**The word of the Lord**

**All: Thanks be to God.**

# Gospel Acclamation

**Alleluia, alleluia!**

Prepare the way of the Lord, make his paths straight: all flesh shall see the salvation of God.

**Alleluia!**



and Trachonitis, and Lysanias tetrarch of Abilene, in the high priesthood of Annas and Caiaphas, the word of God came to John the son of Zechariah in the wilderness; and he went into all the region about the Jordan, preaching a baptism of repentance for the forgiveness of sins. As it is written in the book of the words of Isaiah the prophet, "The voice of one crying in the wilderness: Prepare the way of the Lord, make his paths straight. Every valley shall be filled, and every mountain and hill shall be brought low, and the crooked shall be made straight, and the rough ways shall be made smooth; and all flesh shall see the salvation of God."

**The Gospel of the Lord**

**All: Praise to you, Lord Jesus Christ.**



**GOSPEL | Luke 3: 1-6**

**"All flesh shall see the salvation of God."**

In the fifteenth year of the reign of Tiberius Caesar, Pontius Pilate being governor of Judea, and Herod being tetrarch of Galilee, and his brother Philip tetrarch of the region of Ituraea



## Community Announcements

- 1. Mass animation and service:** We thank the **Lectors Ministry** for their good service today. Next Sunday 11.30 am mass will be animated by the **St. Anthony of Padua Small Christian Community**
- 2. Christmas carols:** The Annual Christmas Carols will be held on **December 22nd** from **7pm** to 9pm here in the Chapel. You are all invited to sing, reflect and pray with the Choir. No charges. God is God Always.
- 3. Students grand mission:** From December 14th to 23rd, our Mission Team will be at Nyansiongo Parish, Kisii Diocese, serving the community. We kindly request your support through:
  - Cash Donations,
  - Non-Perishable Food Items,
  - Direct Contributions via proformas from our students missionaries. Your generosity will make a big difference in the lives of those we serve. **Thank you for your support**
- 4. Thursday 12th October 2024 will be a Public Holiday.** We shall only have one mass at 9.00am.
- 5. Second collection for the jubilee of consecrated life celebration:** As we draw closer to the celebration of consecrated life on the **01st of February 2025**, we express our profound communion and deep gratitude to Almighty God for the gift of consecrated life in our Archdiocese. The religious institutes and societies of apostolic life have enriched our Archdiocese through unique charisms bestowed upon them by the Holy Spirit, actively participating in various areas of our Archdiocesan pastoral mission, including parish ministry, education, health care, social works, and in service to the Archdiocesan Secretariat, among others.

In view of giving this jubilee celebration the splendor it deserves, **His Grace Most Rev. Archbishop Philip Anyolo** humbly requests that a second collection be undertaken in all parishes during all masses on **Sunday 15th December 2024**. This collection will help the Archdiocese gather enough resources to support the celebration. Kindly come prepared.

**St. Pauls Catholic Parish &  
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