

The Sunday Emmaus

Series: The Church; 32nd Sunday In ordinary Time, Year B;

10th November 2024

St. Pauls Catholic Parish &
University of Nairobi Chaplaincy

MASS SCHEDULE

Monday – Friday:

Morning: 7.00am

Evening: 5.30pm

Wednesday: 6.00pm

Saturday:

Evening: 5.45pm

Sunday Mass:

7.30am – Community

8.00am – State House Girls

8.30am – Nairobi Primary

9.00am – Students Mass

9.00am – State House Mass

11.30am – Community Mass

– PMC Mass

– Youth Mass

5.30pm – Community Mass

CONFESSION

Monday – Friday: 5.00pm

Wednesday 5.30pm

Saturday: 5.15pm

MINISTERS

- Rev. Fr. John Wamuti,
Fr. In-charge
- Rev. Fr. Stephen Gaitho,
Assistant Parish Priest
- Rev. Fr. Peter Kaigua,
The Chaplain –Students
- Rev. Fr. Gerald Wanjara
The Chaplain–Police.

NEXT SUNDAY READINGS

1st Reading: Daniel 12:1–3

Psalms 16:5 and 8:9–10.11

2nd Reading: Heb 10:11–14.18

Gospel: Mark 13:24–32

ADORATION

Tuesday & Thursday 4.30pm



OUR SUNDAY REFLECTION



Trusting in God's Providence



Pagan widow's admirable compliance to God's will

The first reading is a beautiful story of the faith of a poor, simple widow who forgot her family and carried out an act of charity that God expected of her.

Elijah had fiercely fought the worship of the idol baal, introduced to Israel by Jezebel. She was determined to kill him. His flight from her wrath landed him in her place of birth, the proper domain of baal.

Elijah requests a pagan widow to give him bread to eat first before she feeds her family.

The widow replied. "As Yahweh your God lives, I have no baked bread, but only a handful of meal in a jar and a little oil in a jug." I am just gathering a stick or two to go and prepare this for myself and my son to eat, and then we shall die.

This tragic situation does not shake the widows' faith in the God of Elijah.

She complied on the basis of the promise given by Elijah. That the Jar of meal shall not be spent, nor the jug of oil be emptied, before the day when Yahweh sends rain on the face of the earth.



Grateful acknowledgement of God's providence

"The Lord keeps his faith forever."

The truth of this insight is seen in God's dealings with Elijah, the widow and her son. He has saved them from death by starvation.

Elijah, the widow and her son are saved from death but Jesus, our high priest is not spared. Complying with the will of his father, he accepted to offer his life as a ransom for our sins.



Our high priest that is forever present before God.

The second reading explains the implications of the unheard of unique sacrifice of Jesus Christ for our salvation. Like the widow Jesus forgot himself in order to effect the act of Mercy God demanded of him.

Granted, Jesus knew the fate of all humans. Like us he died but not for his sins. Jesus, possessing the total holiness of the son of God notwithstanding, he was killed for our sins. In his death he offered a perfect, holy and living sacrifice and in the resurrection he entered in glory into God's sanctuary as our unique, perfect high priest. He is forever present before God on our behalf.

Assessment of our moral contribution to the treasury of holiness and faith

The gospel invites us to hold the mirror of the gospel and examine critically the difference between the actuals of our Christian lives and the oughts-to-be. The moral distance between these two dimensions of our lives indicates very clearly the quality and quantity of our holiness placed side by side with the holiness of Jesus Christ, our perfect unique high priest who is forever before the eternal God presenting to him the least good that can come from us.

A poor widow came and put in two small coins, the equivalent of a penny.

Then he called his disciples and said to them, 'In truth I tell you, this poor widow has put in more than all who have contributed to the treasury. *Mark 12:42-43*

Q: What is your contribution to the treasury of your holiness and active participation in Christian life?.

By Rev. Fr. John Wamuti



Prayer

Let us pray: Almighty and merciful God, graciously keep from us all adversity, so that, unhindered in mind and body alike, we may pursue in freedom of heart the things that are yours. Through our Lord Jesus Christ, **Amen.**



The Mass

THE ENTRANCE ANTIPHON

Let my prayer come into your presence.
Incline your ear to my cry for help, O Lord

THE GLORIA

Glory to God in the highest, And on earth
peace to people of goodwill.

We praise you, we bless you, We adore
you, we glorify you, We give you thanks
for your great glory, Lord God, heavenly
King, O God, almighty Father,

Lord Jesus Christ, only begotten Son, Lord God,
Lamb of God, son of the father,

You take away the sins of the world, Have
mercy on us

You take away the sins of the world, Receive
our prayer

You are seated at the right hand of the Father,
Have mercy on us.

For you alone are the Holy One, You alone are
the Lord, You alone are the most High,

Jesus Christ, with the Holy Spirit, In the glory of
God the Father. **Amen.**

“

THEME

The widow's offering of a penny is made out of love and of the little on which she had to live. We must never be afraid to give generously to GOD who will always provide for the future. All our gifts must be given lovingly and generously.



”



FIRST READING | 1 Kings 17:10-16

The widow made a little cake from her meal and brought it to Elijah.

In those days: Elijah [the prophet] arose and went to Zarephath; and when he came to the gate of the city, behold, a widow was there gathering sticks; and he called to her and said, "Bring me a little water in a vessel, that I may drink." And as she was going to bring it, he called to her and said, "Bring me a morsel of bread in your hand." And she said, "As the Lord your God lives, I have nothing baked, only a handful of meal in a jar, and a little oil in a pitcher; and now, I am gathering a couple of sticks, that I may go in and prepare it for myself and my son, that we may eat it, and die." And Elijah said to her, "Fear not; go and do as you have said; but first make me a little cake of it and bring it to me, and afterward make for yourself and your son. For thus says the LORD the God of Israel, 'The Jar of meal shall not be spent, and the pitcher of oil shall not fail, until the day that the LORD sends rain upon the earth.'" And she went and did as Elijah said; and she, and he, and her household ate for many days. The jar of meal was not spent, neither did the pitcher of oil fail, according to the word of the LORD which he spoke by Elijah.

The word of the Lord

All: Thanks be to God.

RESPONSORIAL PSALM

146:6c-7.8-9a.9bc-10ab(R. 1)

[R] Come, Lord, and save us. Or: Alleluia.

1. It is the Lord who preserves fidelity forever, Who does justice to those who are oppressed. It is he who gives bread to the hungry, The LORD who sets prisoners free. [R]

2. It is the LORD who opens the eyes of the blind, the LORD who raises up those who are bowed down. It is the LORD who loves the just, The LORD who protects the stranger [R]
3. The LORD upholds the orphan and the widow, but thwarts the path of the wicked. The LORD will reign forever, The God of Sion from age to age [R]



SECOND READING | Heb 9:24-28

"Christ offered himself once to bear the sins of many."

Christ has entered, not into a sanctuary made with hands, a copy of the true one, but into heaven itself, now to appear in the presence of God on our behalf. Nor was it to offer himself repeatedly, as the high priest enters the Holy place yearly with blood not his own; for then he would have had to suffer repeatedly since the foundation of the world. But as it is, he has appeared once for all at the end of the age to put away sin by the sacrifice of himself. And just as it is appointed for men to die once, and after that comes judgement, so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin but to save those who are eagerly waiting for him.

The word of the Lord

All: Thanks be to God.

Gospel Acclamation

Alleluia, alleluia! Blessed are the poor in spirit, for theirs is the kingdom of heaven. Alleluia!





“This poor widow has put in more than all those who are contributing to the treasury.”

At that time: In his teaching Jesus said to the crowds, “Beware of the scribes, who like to go about in long robes, and to have salutations in the market places and the best seats in the synagogues and the places of honour at feasts, who devour widows’ houses and for a pretence make long prayers. They will receive the greater condemnation.”

And he sat down opposite the treasury, and watched the multitude putting money into the treasury. Many rich people put in large sums. And a poor widow came, and put in two copper coins, which make a penny. And he called his disciples to him, and said to them, “Truly, I say to you, this poor widow has put in more than all those who are contributing to the treasury. For they all contributed out of their abundance; but she out of her poverty has put in everything she had, her whole living.”

The Gospel of the Lord

All: Praise to you, Lord Jesus Christ.



Community Announcements

- 1. Mass animation and service:** We thank Sacred Heart of Jesus for their good service today. Next Sunday 11.30 am mass will be animated by St. Anthony of Padua SCC.
- 2. Catechesis:** Infant Baptism registration is on-going at the parish office. Infant baptism classes will be on **Saturday, 16th at 2 pm and Sunday, 24th after 11:30 am mass**. Baptism is on **Saturday 30th at 11 am**. Both parents and God parents to attend.
- 3. Parish family day – change of venue:** This year’s Parish Family Day is slated for Sunday, **17th November 2024** at the **Nairobi Primary fields**. The theme is: **Life in the Sacraments (amplifying evangelization and active participation in Christian life)**. The budget is Kshs. 2.2M, translating to approximately Kes. 900/= per person. There will be a second collection today to cater for the budget. Kindly contribute generously. Advance contributions can be made through the parish **Pay bill Number: 522337**, Account: **Family Day**. Approximated **number of people is 2,500**.
- 4. YCA charity visit:** In honor of World AIDS Day this year, YCA, St. Paul’s Chapel Nairobi is excited to invite all Parishioners to join us for a visit to **The Good Shepherd Children’s Home in Chokaa on 30th November 2024**. Whether you’re looking to volunteer, donate or simply spread awareness, your presence will mean the world to those in need. Donations in kind include but not limited to clothes, adult diapers, toiletries and food items. There shall be a **collection desk on Sunday 24th November 2024** after the community mass. Cash donations can be made through the **YCA Phone Number 0798 688 277**. For additional information, kindly contact the parish office.
- 5. Special needs ministry:** The ministry is calling on professionals in special needs children and adults to kindly register in the parish office.

**St. Pauls Catholic Parish &
University of Nairobi Chaplaincy**

P.O. Box 41512 – 00100, Nairobi.

Email: Info@stpaulschapelnbi.org