

The Sunday Emmaus

Series: 2nd Sunday In Ordinary Time, Year C;

19th January 2025

St. Pauls Catholic Parish &
University of Nairobi Chaplaincy

MASS SCHEDULE

Monday – Friday:

Morning: 7.00am

Evening: 5.30pm

Wednesday 6.00pm

Saturday:

Evening: 5.45pm

Sunday Mass:

7.30am – Community

8.00am – State House Girls

8.30am – Nairobi Primary

9.00am – Students Mass

9.00am – State House Mass

11.30am – Community Mass

– PMC Mass

– Youth Mass

5.30pm – Community Mass

CONFESSION

Monday – Friday 5.00pm

Wednesday 5.30pm

Saturday 5.15pm

MINISTERS

- Rev. Fr. John Wamuti,
Fr. In-charge
- Rev. Fr. Stephen Gaitho,
Assistant Parish Priest
- Rev. Fr. Peter Kaigua,
The Chaplain –Students
- Rev. Fr. Gerald Wanjara
The Chaplain–Police.

NEXT SUNDAY READINGS

1st Reading Neh 8:2-4a,6, 8-10

Psalms 19:8,9,10,15

2nd Reading I Cor 12:12-30

Gospel Luke 1:1-4,4:14-21

ADORATION

Tuesday & Thursday 4.30pm



OUR SUNDAY REFLECTION ...



From grass to grace

From grass to grace, is a phrase that we oftenly hear in many circles. We had a very busy week in our paliament, vetting the nominated persons for the positions of CS's. When such are happening, You would hear some say, "I have built my wealth from a mere farmer." This is in relation to their net worth.

In our first reading we encounter a Jerusalem and the whole nation of Israel being in ruins they had lost their culture religion and also their power to control other nations.



New beginnings with God

They were nothing compared to other nations. Prophet Isaiah is here to declare to them a time of their vindication, that their God will lift them to their rightful position and even higher than they think. From moments of sorrow and pain to moments of joy and celebrations.

A declaration of hope is given to them, that a new beginning will bring newness to them in everything, whether socially, morally, culturally and politically.



Lifting burdens from our life

The Gospel reminds us that in that time of our need, we should humble ourselves and seek help from right sources, ask for Christ presence. He will come and save you from all your burdens. In the marriage life and family life there are instances of difficulties, lack and shame.

Where do you take all your burdens? The gospel of the day has the answer, take your family to the Lord, your nation to him, and all your struggles.



The gifts to uplift the other

Where is the Lord in us? The answer is in the second reading. Our God is amongst us. The advocate is

there to grant us all his gifts, whatever you need the people of God have the variety of all this gifts.

What do you have as a gift of the Holy Spirit to solve the burdens of the people of God? How are you using the gift given to you?

(By Rev. Fr. Gerald Wanjara)



Let us pray: Ever living God, you care for us and meet our needs whether great or small. Sometimes, we run out of wine-wine of joy, peace, belonging or even security-and life leaves us empty. We pray that through your son Jesus Christ, He may come to our side turn our sadness into gladness, our frowns into smiles and our whimpers of fear into songs of hope. May we follow the advice of Mary "Do whatever He asks you to do" .. **Amen.**



The Mass

THE GLORIA

Glory to God in the highest, And on earth peace to people of goodwill.

We praise you, we bless you, We adore you, we glorify you, We give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father, Lord Jesus Christ, only begotten Son, Lord God, Lamb of God, son of the father,

You take away the sins of the world, Have mercy on us.

You take away the sins of the world, Receive our prayer .

You are seated at the right hand of the Father, Have mercy on us.

For you alone are the Holy One, You alone are the Lord, You alone are the most High, Jesus Christ, with the Holy Spirit, In the God the Father. **Amen.**



THEME

Just as the bridegroom rejoices in his bride so Christ rejoices in his church. Each day in the Eucharist by the power of his Spirit he transforms bread and wine into his body and blood to be our daily food and drink. The Holy Spirit gives us a variety of gifts which we are to use for the mission of the Church.



FIRST READING | Isaiah 62:1-5

“The bridegroom rejoices over the bride.”

For Zion’s sake I will not keep silent, and for Jerusalem’s sake I will not rest until her vindication goes forth as brightness, and her salvation as a burning torch. The nations shall see your vindication, and all the kings your glory; and you shall be called by a new name which the mouth of the Lord will give. You shall be a crown of beauty in the hand of the Lord, and a royal diadem in the hand of your God. You shall no more be termed Forsaken, and your land shall no more be termed Desolate; but you shall be called My delight is in her, and your land Married; for the Lord delights in you, and your land shall be married. For as a young man marries a virgin, so shall your sons marry you, and as the bridegroom rejoices over the bride, so shall your God rejoice over you.

The word of the Lord

All: Thanks be to God.

RESPONSORIAL PSALM

96:1-2a.2b-3.7-8.9-10a and c (R see3)

[R] Tell among all the peoples the wonders of the Lord.

1. O sing a new song to the Lord; sing to the Lord, all the earth. [R]
O sing to the Lord; bless his name

2. Proclaim his salvation day by day. Tell among the nations his glory, and his wonders among all the peoples [R]
3. Give the Lord, you families of peoples, give the Lord glory and power; give the Lord the glory of his name [R]
4. Worship the Lord in holy splendour. O tremble before him, all the earth. Say to the nations, “The Lord is king.” He will judge the peoples in fairness [R]



SECOND READING | 1 Cor 12:4-11

“One and the same Spirit who apportions to each one individually as he wills”

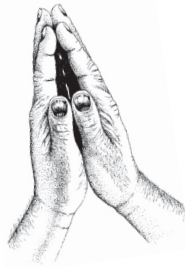
There are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of working, but it is the same God who inspires them all in every one. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the ability to distinguish between spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are inspired by one and the same Spirit, who apportions to each one individually as he wills.

The word of the Lord

All: Thanks be to God.

Gospel Acclamation

Alleluia, alleluia! God has called us through the Gospel, to obtain the glory of our Lord Jesus Christ **Alleluia!**



hour has not yet come." His mother said to the servants, "Do whatever he tells you." Now six stone jars were standing there, for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to them, "Fill the jars with water." And they filled them up to the brim. He said to them, "Now draw some out, and take it to the steward of the feast." So they took it. When the steward of the feast tasted the water now become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward of the feast called the bridegroom and said to him, "Every man serves the good wine first; and when men have drunk freely, then the poor wine; but you have kept the good wine until now." This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory; and his disciples believed in him.

The Gospel of the Lord

All: Praise to you, Lord Jesus Christ.



GOSPEL | Luke 3:15-16.21-22

"This, the first of his signs, Jesus did at Cana in Galilee."

There was a marriage at Cana in Galilee, and the mother of Jesus was there; Jesus also was invited to the marriage, with his disciples. When the wine failed, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "O woman, what is that to you or to me? My



Community Announcements

- 1. Mass animation and service:** We thank the **FoSP** for their good service today. Next Sunday 11.30 am mass will be animated by **Lectors Ministry**.
- 2. Infant Baptism:** Registration for infant baptism is ongoing at the parish office.
- 3. Marriage Preparation Classes:** St Paul's Family Life Ministry announces commencement of the first Marriage preparatio sessions in 2025 commencing from **Thursday 13th February 2025** starting at 6.00pm. These are sessions for those planning to wed/solemnize their union and will be held every Thursday for the next 8 weeks till **3rd April 2025**. For registration log into the Family Life website, www.family.stpaulschapelnbi.org, check for 'announcements' page and fill the Marriage Preparation Classes form. Alternatively, email: family@stpaulschapelnbi.org or visit the Parish Office. Further details will follow for those who will have registered.

**St. Pauls Catholic Parish &
University of Nairobi Chaplaincy**

P.O. Box 41512 - 00100, Tel No: 0722 806882 Nairobi.

Email: Info@stpaulschapelnbi.org